

SoCal Youth Sports Solutions - Nanosoccer Summer Camps

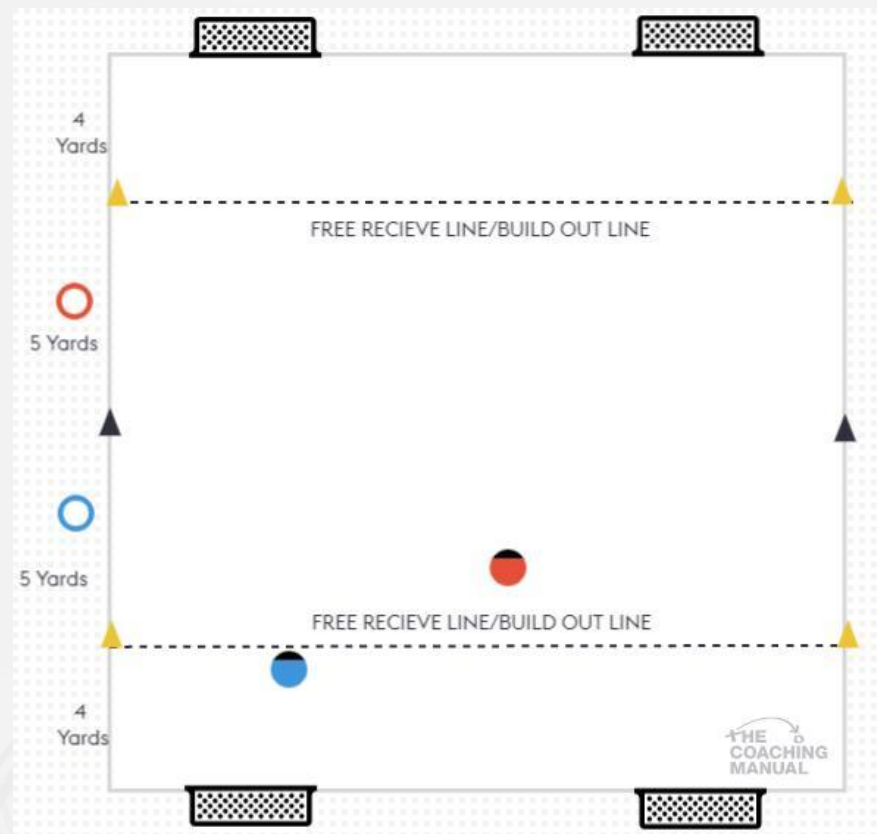


What Is A “Nanosoccer Summer Camp”

- Our Nanosoccer Summer Camps are a 4 day camp focussed on enjoyment and engagement.
- Each camp is limited to 10 children per camp in order for your child to receive the care and attention they deserve.
- Our camps focus on using nanosoccer games to support your child on and off the field. We aim to develop the child first, not just the player.
- Off the field we target the 4C's for your child:
 - Character, Curiosity, Creativity & Courageousness
- On the field we use nanosoccer and small-sided games to support your child tactically through guiding their decision making. By placing your child in a variety of situations we train them to think critically on the field whilst developing a well rounded technical tool box.

What Is Nanosoccer?

- Nanosoccer is a tiny version of soccer
- Smaller field size, squad size and numbers played on the field.
- The children will playing
- 1 vs 1, 2 vs 2 & 3 vs 3
- The tiny formats are to best support the individual development needs of each child, based on their age and stage of development



Why Nanosoccer & Small-Sided Games?

- Children aged 3-10 years are naturally egocentric (limited awareness beyond themselves). Nanosoccer is designed to support their development by creating a playing environment relative to their age stage and psychological development.
- By placing them in situations as an individual they get to develop their game, for their personality, for their skill sets and abilities.

What does playing Nanosoccer do for my child?

By choosing Nanosoccer for you are...

- Increasing the **time on the ball** for your child
- Increasing the **number of touches of the ball** for your child
- Increasing the **number of actions (dribbling, protecting, shooting, etc)** for your child
- Increasing the **opportunities for your child to make decisions for themselves.**
- Increasing **repetition of failures & successes** for your child
- Increasing the **technical demands** for your child
- Increasing the **intensity and physical demand** for your child
- Increasing the **variability and range of movement** for your child

What Does A Week Look Like At A Nanosoccer Summer Camp?

- Each camp 4 days long. Each day consists of a different theme with a wide variety games for your child to play in & learn from.
- The first 3 days are split into 3 sections:
 - Multi-sport & Multi-skill warm up games & ice breakers
 - Chaotic Nanosoccer games & challenges to develop ideas & skills
 - Mini nanosoccer tournament (1v1, 2v2, 3v3)
- Day 4 is the Nanosoccer World Cup with the children split into teams & countries playing all versions of Nanosoccer from the previous days.

Day 1-3 Example Days At Camp

<u>Time/Day</u>	<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>
<u>9:00am</u>	Check In & Free Play		
<u>9:15am</u>	Soccer Dodgeball	Soccer Capture the Flag	Soccer Kickball
<u>9:50am</u>	Water break & Rest		
<u>10:00am</u>	Sharks & Surfers	Chickens in the Hen House	Lightning/Knockout
<u>10:35am</u>	Snack & Shade Break		
<u>11:00am</u>	1v1 Nano Soccer Tournament	2v2 Nano Soccer Tournament	3v3 Nano Soccer Tournament
<u>11:50am</u>	Clean Up & Pack Up		

World Cup Day

- Day 4 is the Nanosoccer World Cup with the children split into teams & countries playing all versions of Nanosoccer from the previous days.
- At the end of day 2 each child will be given a team, a country and a color to wear on the day.
- Teams will earn points for:
 - Scores in their games
 - Creative & Courageousness (intent to & using ideas, skills etc)
 - Character & Curiosity (sportsmanship, cheer, costumes etc)

Day 4 - World Cup Example Day At Camp

<u>Time/Day</u>	<u>Day 1</u>	<u>Day 2</u>	<u>Day 3</u>
<u>9:00am</u>		Check In & Free Play	
<u>9:15am</u>		Nanosoccer Scrimmages	
<u>9:50am</u>		Water break & Rest	
<u>10:00am</u>		Nanosoccer Scrimmages	
<u>10:35am</u>		Snack & Shade Break	
<u>11:00am</u>		Nanosoccer Scrimmages	
<u>11:40am</u>		Celebrations & Awards, Clean Up & Pack Up	

Need More Information?

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