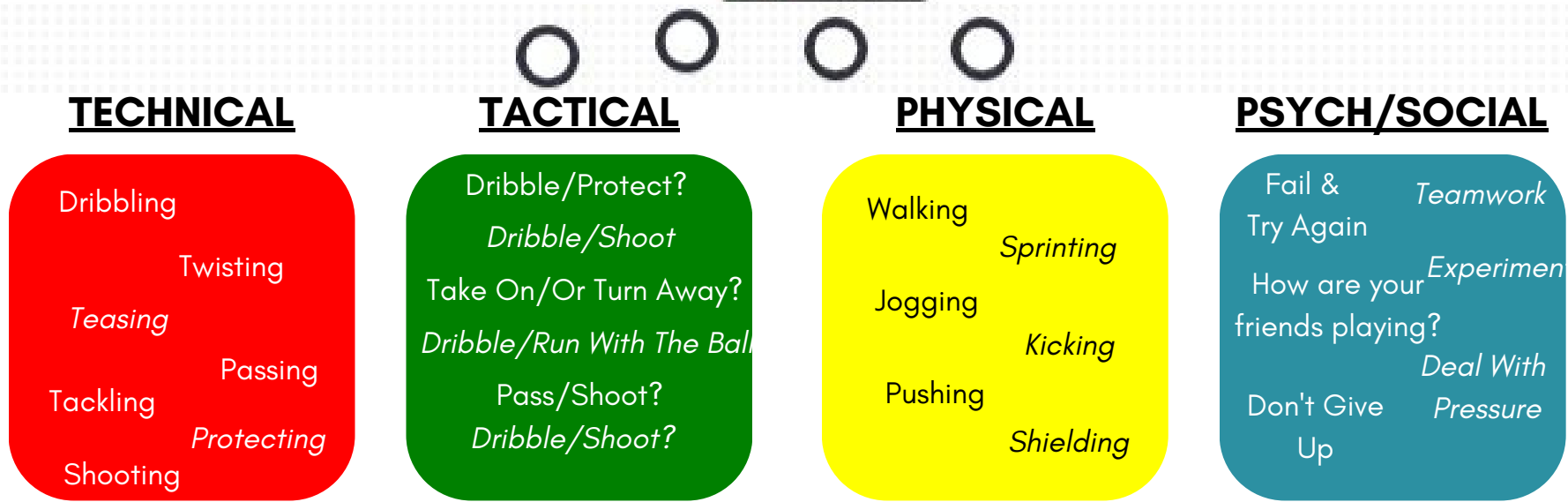
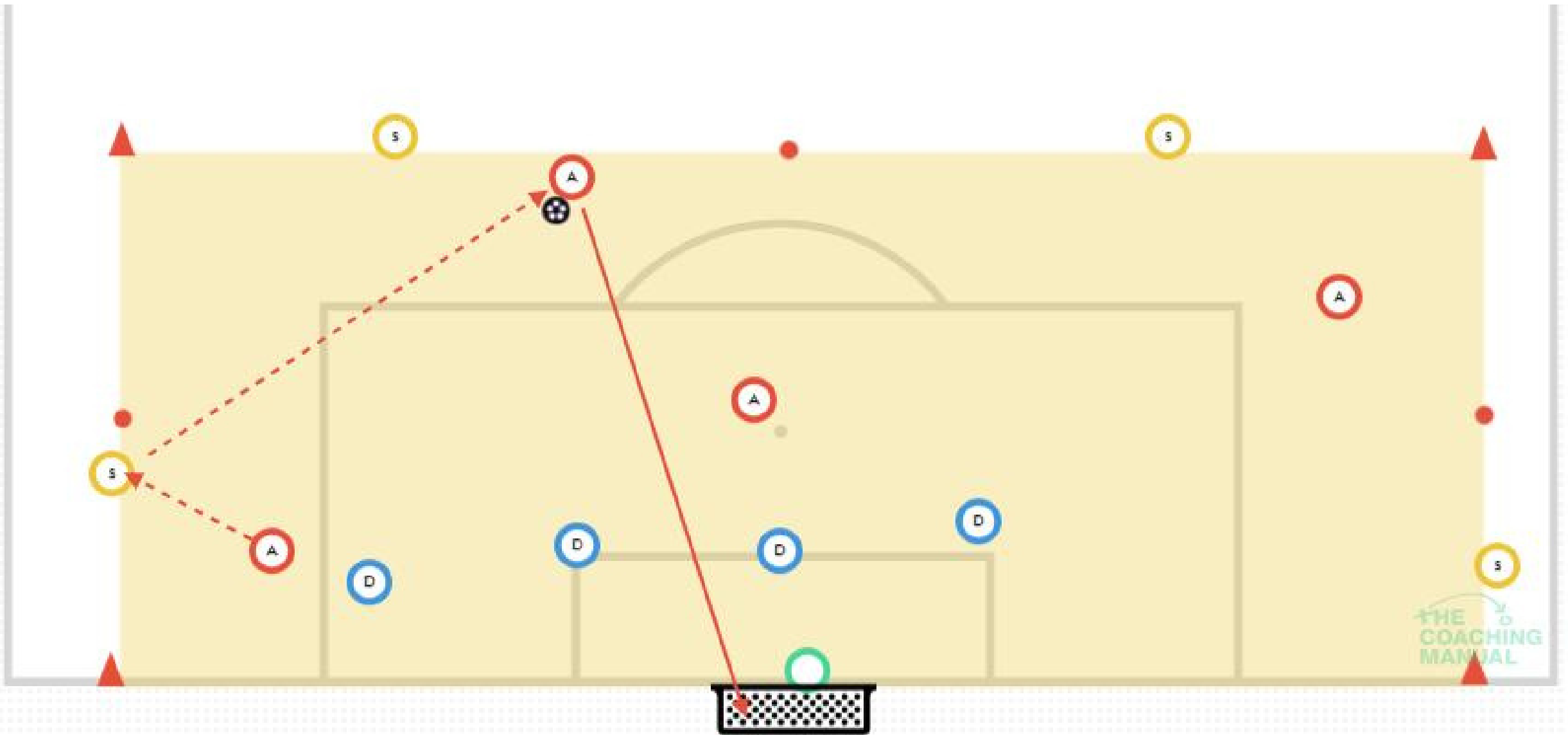


4 TEAM ATTITUDES TO SHOOTING



How To Play: (3-minute games)

- 4 Teams, Red (Attacking), Yellow (Supporting), Blue (Defending) & Black (On Deck)
- The attacking team has 3 minutes to score as many goals as possible
 - After every goal or miss, the goalkeeper plays the ball to a yellow to start playing again
 - Yellows can be defended against
- The Defending Team has to stop the attacking team from scoring
 - If defenders can combine (pass to each other) = 1 goal
 - If defenders can connect with a yellow = 2 goals
 - The ball goes back to reds after this
- If Black team can catch the ball going over = instant game over

Coaching Points		
<u>In Possession (Me)</u>	<u>In Possession We (Team Mate ON Ball)</u>	<u>Out Of Possession</u>
<ul style="list-style-type: none"> • Shoot Quickly • Can I create a chance to score • twist, turn, tease & "create a yard" for a shot on goal • Can you beat your player/create a yard to shoot? • Can you move the ball quickly for another red to shoot? • Can I Keep The Ball with the yellows and change my angle? <ul style="list-style-type: none"> ◦ Dribble/Protect 	<ul style="list-style-type: none"> • Get Away From Danger • Get Away From Team Mate • Create A Clear Path • Communicate <ul style="list-style-type: none"> ◦ time or man on? ◦ Ball to feet or in space? • Support the play <ul style="list-style-type: none"> ◦ movement behind the ball ◦ move ahead of the ball ◦ stretch the play wider 	<ul style="list-style-type: none"> • DEFEND THE GOAL <ul style="list-style-type: none"> ◦ Block, charge, tackle • Win the ball and play out