

RISKY BUSINESS

TECHNICAL

Dribbling
Running With The Ball
 Twisting
 Teasing
 Tackling
 Passing
 Shooting
 Protecting

PHYSICAL

Walking
Sprinting
 Jogging
 Kicking
 Pushing
 Shielding

Game Choices: Points / Goal

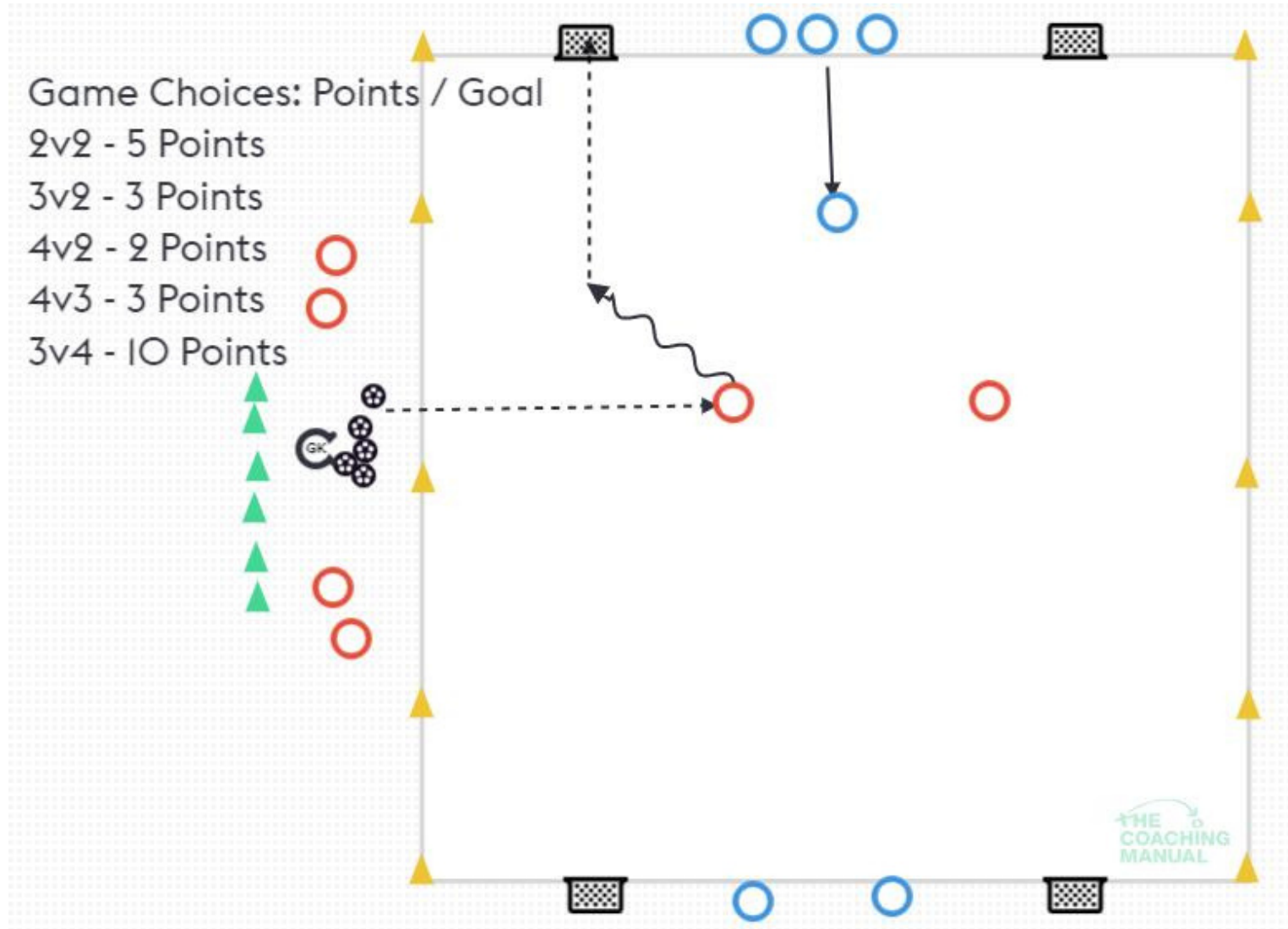
2v2 - 5 Points

3v2 - 3 Points

4v2 - 2 Points

4v3 - 3 Points

3v4 - 10 Points



TACTICAL

Dribble/Protect?
Dribble/Shoot
 Take On/Or Turn Away?
Dribble/Run With The Ball
 Pass/Shoot?
 Dribble/Shoot?

PSYCH/SOCIAL

Fail & Try Again
Teamwork
 How are your friends playing?
Experiment
 Deal With
 Don't Give Up
Pressure
 Next Game

How To Play:

- 2 Teams, Red & Blue - 1 attacking team - starts from the side of the field, 1 defending team split behind each goal
- The attacking team has 6 balls (lives) to play with
- Each life, they get to decide how to attack
 - 2v2 = 5 points
 - 3v2 = 3 points
 - 4v2 = 2 points
 - 4v3 = 3 points
 - 3v4 = 10 points (3 attackers vs 4 defenders)
- **When the ball is dead** (conceded a goal, ball out, keeper control), the attacking team decides what to play next
- **IF the attacking team scores**, they keep the players on the pitch, they play again, attacking the opposite goal
- When all 6 lives are used, swap over.

Progressions

- Time Limit - Set 30 seconds for the team overloaded to score - no goal = new defender to enter

Coaching Points		
<u>In Possession (Me)</u>	<u>In Possession We (Team Mate ON Ball)</u>	<u>Out Of Possession</u>
<ul style="list-style-type: none"> • BE A MAGNET! <ul style="list-style-type: none"> ◦ Can you attract a defender to you? • Can you beat your player? <ul style="list-style-type: none"> ▪ Dribble/Run With The Ball • Can you play away from the defender with a pass? • Can I Keep The Ball? <ul style="list-style-type: none"> ◦ Dribble/Protect • Can I create a chance to score <ul style="list-style-type: none"> ◦ twist, turn, tease & "create a yard" for a shot on goal 	<ul style="list-style-type: none"> • Get Away From Danger • Get Away From Team Mate • Create A Clear Path • Communicate <ul style="list-style-type: none"> ◦ time or man on? ◦ Ball to feet or in space? • Support the play <ul style="list-style-type: none"> ◦ movement behind the ball ◦ move ahead of the ball ◦ stretch the play wider 	<ul style="list-style-type: none"> • Get The Ball back <ul style="list-style-type: none"> ◦ Get/Stay Behind The Ball • Can you win and keep the ball? • If you can keep the ball can you score? <ul style="list-style-type: none"> ◦ With team mates, keep the ball by finding one
Super Power: Can't Be Tackled	Coaching Spectrum: <<Super Power or Constraint>>	Constraint: 1 Touch or 4 Touches